

NAMI Utah Mentor Program



www.namiut.org

801-323-9900 M-F 9 am—4:15 pm

Mental illness can affect persons of any age, gender, race, religion or income. NAMI Utah offers Mentoring, a free service providing those living with mental illness and their families a peer who can listen, empathize, and connect them to valuable education/support programs and other resources.

Our mentors strive to keep current on the services provided by our community partners, so we are better prepared to meet the needs of those who call us for help. We value our partnerships with these and many other organizations statewide.

Our Peer Mentors are Standing By.
Available Monday - Friday from 9 am - 4:15 pm
801-323-9900

FREE MENTORING SERVICE TO THOSE LIVING WITH MENTAL ILLNESS AND THEIR FAMILIES.



NAMI Utah | 1600 W 2200 S | Suite 202 | West Valley City | UT | 84119 | Jackie@namiut.org

UNI Statewide Crisis Line



TrevorLifeline

LGBTQ youth

1-866-488-7386

SAFEUT SMARTPHONE APP

The SafeUT Crisis Text and Tip Line is a statewide service that provides real-time crisis intervention to youth through texting and a confidential tip program – right from your smartphone.

Licensed clinicians in our 24/7 Crisis Line call center respond to all incoming chats, texts, and calls:



Crisis Text Line

Text NAMI to 741741

Connect with a trained crisis counselor to receive free, 24/7 crisis support via text message.